

Canoeing & Kayaking in the Great North Woods



Northern New Hampshire is a paddler's paradise! Explore beautiful Ammonoosuc River, Israel's River, South Pond, Martin Meadow Pond, Mirror Lake, Forest Lake, and the Connecticut River!



There is not only great still water paddling in the Great North Woods on the bogs and lakes, but we also have some good river paddling, usually in the Class I - III range.

Also, don't forget to check out the [Northern Forest Canoe Trail](#), a network of classic rivers linking New England, New York and Quebec!



